

FOOTREST MODEL FEET



Completely adjustable footrest Enjoy extending your legs and getting off your feet. Being completely adjustable to multiple tilt angles and multiple height settings, it allows you to find what is just right for you to relax comfortably.

Ergonomic Benefits Helps With: Posture Circulation Back Problems Overall Fatigue Posture - Your hips should be slightly higher than your knees. Don't keep your feet flat on the floor but move them around often. Circulation - Sitting or lying for too long with no activity can lead to poor blood circulation. Keeping your feet up on an ergonomic footrest greatly reduces your chances of developing circulatory conditions. You should change your position as frequently as possible by adjusting your hips, moving your feet, lifting your arms and just slightly altering your posture continuously during your work day. Back Problems - Too long in an office environment with a chair and improperly positioned feet puts strain on your spine. With a footrest, you can sit all the way back in the chair and not slouch as well as maintain the correct ergonomic angles. This will reduce pressure on your spine and back region. Features: Ergonomic design to support your legs Helps to improves posture and circulation by keeping feet and legs elevated Easily adjusts to multiple tilt angles (0° ~ 30°) Manually adjustable to 3 different heights (4.3" / 5.5" / 6.7") Non-Slip Rubber Feet enhance overall stability

Options

Frame: Black

Specifications

5 Pieces per box

Volume: 0.02 CBM

Products Dimensions: W 42.5 - D 30 - H 10.2 cm

Carton Size: 58x37x47.5 cm

Gross weight: 2.4 KGS

Net weight: 2.08 KGS

Warranty: 1 year



